

Rachel Jumper

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Education

- December 2009 Texas A&M University, College Station, TX
PhD., Health Communication
- August 2005 Auburn University, Auburn, AL
M.S., Human Development and Family Studies
- May 2003 Texas A&M University, College Station, TX
B.A., Speech Communication
Graduated Magna Cum Laude

Experience

STEPHEN F. AUSTIN STATE UNIVERSITY NACOGDOCHES, TX

2023-present Associate Professor

2016-2022 Assistant Professor

- Human Development and Family Studies program coordinator, 2019-present
- Graduate coordinator, School of Human Sciences, 2017-present
- Courses taught include Family, School, & Community Relationships, Parenting, and Family Life Education

2014-2016 Assistant Director of Student Learning & Institutional Assessment

- Distributed and collected senior exit surveys for the university
- Developed, distributed, and analyzed surveys for administrative and educational units
- Collected, analyzed, and reported core curriculum data
- Assisted with the writing of program and student learning outcomes
- Used qualitative and quantitative data analysis techniques to assess programs, core curriculum, and educational and administrative support units

BLINN COLLEGE

BRYAN, TX

2010-2014 Faculty Member

- Division of Visual & Performing Arts assessment coordinator, 2013-2014
- Taught multiple sections of public speaking
- Students learned the theoretical basis of public speaking and were provided multiple opportunities to practice their skills
- Developed innovative ways to assess the class, including an assessment tool to evaluate each class & activity
- Actively engaged in the assessment process and sat on the assessment committee for our division

LONESTAR COLLEGE-CY-FAIR
2010-2012 Adjunct Faculty Member

CYPRESS, TX

- Taught a variety of courses including Introduction to Communication, Business & Professional Communication, Interpersonal Communication, & Public Speaking

CHRIST UNITED METHODIST CHURCH
2010-2011 Children's Minister

COLLEGE STATION, TX

- Planned, directed, and coordinated programs for children (newborn-6th grade) and families of the church including weekly children's worship services
- Developed and conducted monthly Parent's Night Out for children in the community with special needs and their siblings
- Oversaw the nursery coordinator and approximately 15 nursery workers
- Liaison for the church's preschool including developing weekly chapel curriculum
- Implemented Rotational Sunday School
- Developed and conducted a variety of seasonal and summer activities including an Easter Festival, Vacation Bible School, Nature Camp, and Cooking Camp
- Oversaw Confirmation for 6th graders which was a semester long bridge program into the youth group
- Coordinated approximately 50 volunteers for weekly activities
- Provided safe-sanctuary training for volunteers

TEXAS A&M UNIVERSITY
2005-2009 Graduate Student Teacher

COLLEGE STATION, TX

- Taught a variety of courses including Interviewing & Public Speaking
- Upper level courses included Quantitative Methods in Communication, Intercultural Communication, & Family Communication

AUBURN UNIVERSITY
2003-2005 Childcare Quality Enhancement Project Researcher

AUBURN, AL

- Lab coordinator for the CQEP project, a short-term longitudinal study conducted by Jacquelyn Mize at Auburn University
- Observer for multiple preschool classrooms where I rated the teacher, the social interactions of the children, and the overall classroom climate
- Administered the KDI diagnostic instrument to preschool students at multiple childcare centers
- Collected cortisol samples from the children while administering a series of tasks in order to measure their stress level

2004 (Summer) Birmingham Early Learning Center Researcher

- Observed classrooms and collected data on children's social interactions with their peers
- Completed Q-sort data for each of the children observed

Refereed Articles

Straub, S. & **Jumper, R.** (2023). Digital learning equity analysis project: A self-study and implementation exercise for improved equity-centered practices. *Every Learner Everywhere*. <https://www.everylearnereverywhere.org/resources/digital-learning-equity-analysis-project/>.

Fish, B. & **Jumper, R.** (2021). Examining self-efficacy of FCS teachers following the COVID-19 modality switch. *Journal of Family & Consumer Sciences*, 113, 18-26.

Jumper, R. & Fish, B. (2020). Making the switch: FCS teacher challenges regarding course modality during COVID-19. *Texas Association of Family and Consumer Sciences Research Journal*, 7, 11-23.

Jumper, R. (2019). Communicating about bullying: Examining disclosure among gifted students. *Gifted Education International*, 35, 110-120.

Jumper, R., Newquist, J. & Coffee, C. (2019). Examining childlessness: An evaluation of textbooks used in Texas High Schools. *Texas Association of Family and Consumer Sciences Research Journal*, 6, 8-19.

Newquist, J. & **Jumper, R.** (2018). Importance of including the choice not to have children in family and consumer sciences curriculum. *Texas Association of Family and Consumer Sciences Research Journal*, 5, 18-25.

Refereed Research Presentations

Jumper, R. & Matheson, R. J. (2023, February). *Clothing to communicate women's identities in adulthood and aging*. Paper presented at the Texas Affiliate American Association of Family and Consumer Sciences 2023 Conference, Bryan, TX.

Jumper, R., Fish, B. A. (2022, June). *District communication with FCS teachers during COVID-19 modality change: Continuing the conversation*. Paper presented at the American Association of Family and Consumer Sciences 2022 Conference, Orlando, Florida.

Opiri, J. A., **Jumper, R.**, Harris, K., Oates, V. J., Brannan, K., (2022, June). *Does FCS make a difference? A systematic review of themes in FCS publications*. Project presented at the American Association of Family and Consumer Sciences 2022 Conference, Orlando, Florida.

Jumper, R., Matheson, R. J., (2022, June). *Getting the right fit: Communicating body image through clothing*. Project presented at the American Association of Family and Consumer Sciences 2022 Conference, Orlando, Florida.

Jumper, R., Fish, B. A. (Author Only) (2022, March). *Supporting teachers during COVID-19: What school districts got right during the modality switch to at home-learning*. Texas Council on Family Relations 2022 Conference, Plano, Texas.

- Fish, B. & **Jumper, R.** (2021, June). *Examining self-efficacy of teachers following the COVID-19 modality switch*. Paper presented at the meeting of the American Association of Family and Consumer Sciences, virtual conference.
- Jumper, R.** & Fish, B. (2021, April). *FCS teacher experiences with modality changes during COVID-19*. Paper presented at the meeting of Texas Association of Family and Consumer Sciences, virtual conference.
- Spradley, E.C. & **Jumper, R.** (2021, March). *Empowerment Through Health Blogging: How Women use Health Blogs as Voice and Advocacy*. Discussion presented at the Women's Empowerment Summit sponsored by Stephen F. Austin State University Office of Multicultural Affairs.
- Jumper, R.** & Fish, B. (2021, March). *Education modality changes during COVID-19: Rural vs Urban Divide in Texas*. Paper presented at the meeting of Texas Council on Family Relations, virtual conference.
- Jumper, R.**, Newquist, J. (March 2020). *Themes of childlessness in textbooks in Texas High Schools*. Roundtable presented at Texas Council on Family Relations, Houston, TX.
- Jumper, R.**, Newquist, J., Coffee, C. (November 2019). *Themes of childlessness in textbooks: An evaluation of textbooks use in Texas High Schools*. Poster presented at National Council on Family Relations, Ft. Worth, TX.
- Jumper, R.** (2019, February). *Examining policies about bullying in Texas schools*. Paper presented at Texas Council on Family Relations, Austin, TX.
- Kang, H. (author only) & **Jumper, R.** (2019, February). *Gender and family relations in later life*. Poster presented at Texas Council on Family Relations, Austin, TX.
- Jumper, R.** (2018, November). *"The bullies will know you told your Mommy": Bullying and the lived experiences of gifted children*. Paper presented at National Council on Family Relations, San Diego, CA.
- Jumper, R.** & Newquist, J. (2018, November). *A review of the literature regarding communicating about voluntary childlessness*. Poster presented at National Council on Family Relations, San Diego, CA.
- Jumper, R.** (2018, April). *Resilience in the face of bullying: Peers role in buffering the effects of bullying*. Paper presented at Texas Council on Family Relations, Plano, TX.
- Jumper, R.** (2017, November). *Communicating about bullying: Examining disclosure among gifted students*. Poster presented at National Council on Family Relations, Orlando, FL.
- Jumper, R.** (2017, March). *Gifted children's communication with parents about bullying: Children's thoughts on parents*. Paper presented at Texas Council on Family Relations, Austin, TX.

Teaching-Based Presentations

- Straub, S. & **Jumper, R.** (2023, November). *Digital Learning Equity: A Collaborative Self-Study on Improving Equity Practices in an Undergraduate & Graduate Course*. Poster presented at the National Association for Multicultural Education 2023 Conference, Montgomery, AL.
- Jumper, R.** & Newquist, J. (2023, November). *Let's take a trip: Experiential learning in a fully online HDFS program*. Paper presented at the National Council on Family Relations 2023 Conference, Orlando, FL
- Straub, S. & **Jumper, R.** (2023, June). *Using the Digital Learning Equity Framework for Revitalizing Course Content*. Paper presented at the JEDI in the Social Studies 2023 Conference, Online.
- Straub, S. & **Jumper, R.** (2023, April). *Using the Peralta Online Equity Rubric to Reflect Upon Course Content*. Poster presented at the Peralta Equity Conference, Online.
- Straub, S. & **Jumper, R.** (2023, April). *Digital Learning Equity Analysis Project: A Self-Study and Implementation Exercise for Improved Equity-Centered Practices*. Paper presented at the Texas affiliate of National Association for Multicultural Education 2023 Conference, Waco, TX.
- Jumper, R.** & Straub, S. (2023, February). *Caring for Students through a Redeveloped Communication Plan*. Presented at Stephen F. Austin State University 2023 Teaching Showcase, Nacogdoches, TX.
- Jumper, R.** (2021, March). *Working with a Community Partner to Develop a Collaborative Service Learning Project*. Presented at the Gulf-South Summit annual meeting, virtual.
- Jumper, R.** (2020, November). *Successfully using Zoom for connecting with and advising graduate students in a fully online Master's program*. Presented at the National Council on Family Relations Conference, Virtual.
- Jumper, R.** & Newquist, J. (2020, November). *Integrating in-person field trips into a fully online undergraduate program*. Presented at the National Council on Family Relations Conference, Virtual.
- Jumper, R.** (2020, October). *Strategies for More Engaging Discussions*. Invited guest speaker for the Center for Teaching and Learning at Stephen F. Austin State University, Nacogdoches, TX.
- Jumper, R.** (2019, March). *Developing a collaborative service-learning project with a community partner*. Presented at LEAP Texas, Houston, TX.

Jumper, R. (2018, October). *Get a clue: Spotting graphics that lie*. Presented at Texas Speech Communication Association, Corpus Christi, TX.

Jumper, R. (2018, February). *Quick as lightning debates*. Presented at the Stephen F. Austin State University Teaching Showcase, Nacogdoches, TX.

Jumper, R. (2017, June). *Charting a path: Designing meaningful semester long group projects online*. Presented at the NETnet Summer Distance Learning Conference at Tyler Junior College, Tyler, TX.

Jumper, R. (2017, February). *What this really means: Thesis statement rewrite*. Presented at the annual Stephen F. Austin State University Teaching Showcase, Nacogdoches, TX.

Assessment Presentations

Jumper, R., King, L. (author only), & Stringfield, J. (author only) (2017, May). *Assessing the new state core at Stephen F. Austin*. Presented the “TAIR Best Presentation Award” winner presentation at the annual Association for Institutional Research (AIR) Forum 2017, Washington D.C..

Jumper, R., King, L., & Stringfield, J. (2016, February). *Assessing the new state core at Stephen F. Austin*. Presented at the annual Texas Association for Institutional Research (TAIR) Conference, San Antonio, TX. Awarded the “TAIR Best Presentation Award”.

King, L., **Jumper, R.,** & Stringfield, J. (2015, October). *Stephen F. Austin Core Assessment Processes*. Presented at the annual West Texas Assessment Conference, San Angelo, TX.

King, L., **Jumper, R.** & Stringfield, J. (2015, July). *Assessing the core using signature assignments and locally developed rubrics*. Presented at the annual LiveText Conference, Nashville, TN.

Jumper, R., Matties, T., & Vavra, D. (2014, February). *Navigating the black hole of assessment: How one program found the light*. Presented at the annual Texas A&M Assessment Conference, College Station, TX.

Invited Speaking Engagements

Jumper, R. (2022, August). *Provost’s Teaching Excellence Panel*. Panelist at the Center for Teaching and Learning Camp CTL, Steen Library, Nacogdoches Texas.

Roberts, J., & **Jumper, R.** (2021, March). *Capitol Connections*. Presented at the Texas Council on Family Relations annual conference 2021, virtual conference.

Jumper, R. (2020, March). *Developing leadership skills as a student and new professional*. Presented at the Texas Council on Family Relations 2020 Annual Conference during the Student and New Professional meeting. Houston, TX

- Jumper, R.** (2019, November). *Quick as lightning debates*. Presented at the Stephen F. Austin State University Foundations of Teaching & Learning, Nacogdoches, TX
- Jumper, R.** (2017, April). *Parent involvement in schools: Whose job is it anyway?* Presented at the monthly meeting of the Stephen F. Austin State University Early Childhood Organization (ECHO), Nacogdoches, TX.
- Jumper, R.** & Matthies, T. (2014, January). *Using assessment data in the classroom*. Presented at the Blinn College Faculty Convocation, Bryan, TX.
- Jumper, R.** (2013, December). *Developing Family Communication Skills*. Presented to the city of Bryan employees during their Employees' Luncheon, Bryan, TX.
- Jumper, R.** (2009, December). *Intercultural communication: Being competent when working with new students*. Presented at the Howdy Camp Counselor's training meeting, College Station, TX.
- Jumper, R.** (2008, December). *Intercultural communication: How to be sensitive to the needs of non-traditional students*. Presented at the Howdy Camp Counselor's training meeting, College Station, TX.

Service Activities

STEPHEN F. AUSTIN STATE UNIVERSITY SERVICE

- 2023-present Sigma Phi Lambda Faculty Sponsor
- 2023-present Center for Teaching and Learning Director Search Committee Member
- 2023 Student Services Fee Committee
- 2022-present University Graduate Council Member
- 2020 Developing Organizational Options for Academic Affairs (DOOAA) Team
- 2019-present Leadership SFA Steering Committee member
- 2018-2022 Core Assessment Scoring Team
- 2016-2017 Facilitator: *The Undergraduate Experience* campus wide sense making sessions:
October 26, 2016: First sense-making session
February 23, 2017: Fourth sense-making session
- 2015-2017 High Impact Practices (QEP) Council

JAMES I. PERKINS COLLEGE OF EDUCATION SERVICE

- 2023-present Master's Research Courses Committee Member
- 2023 Health Science Search Committee Member
- 2022-2023 Speech Language Pathology Search Committee Member
- 2022-2023 Aviation Sciences Search Committee Member
- 2021-2022 Human Sciences Director Search Committee Member
- 2020-2022 Undergraduate Research Conference Committee Member
- 2020-2023 Professional Educators Council
- 2020-2021 Aviation Sciences Search Committee Member
- 2019-2020 College Assessment Oversight Committee
- 2019-2020 Kinesiology Search Committee Member
- 2018-2019 Health Sciences Search Committee Member
- 2016-2018 College Assessment Oversight Committee

SCHOOL OF HUMAN SCIENCES SERVICE

- 2023-present Human Sciences Promotion Committee Member
- 2023-present Human Sciences Tenure Committee Member
- 2020-present Human Sciences Graduate Program Coordinator
- 2019-2020 Human Sciences ePortfolio Guidelines Committee Member
- Summer 2019 Human Sciences Administrative Assistant Search Committee Member
- 2018-present Human Sciences Undergraduate Program Coordinator
- 2017-2020 Human Sciences Graduate Co-Coordinator
- 2016-2019 Human Sciences Showcase Saturday Committee
- 2016-present Human Sciences Assessment Committee
 - 2017-present Committee Chair
- 2016-present Human Sciences Graduate Faculty Committee

PROFESSIONAL SERVICE

- 2022 Reviewer for *Texas Association of Family and Consumer Sciences Research Journal*
- 2022-present American Association of Family and Consumer Sciences Texas
 - 2023-2024 President Elect
 - 2022-2023 Say Yes to FCS Chair
- 2020-2022 National Council on Family Relations Affiliate Council Secretary
- 2020-present Family and Consumer Sciences Texas Alliance Member
- 2020 Reviewer for *Journal of Human Services: Training, Research, & Practice*
- 2020 Reviewer for *Health Communication*
- 2018-present National Council on Family Relations
 - 2018-2020 Honors Student Recognition Reviewer
 - 2019-2020 Conference presentation reviewer
- 2017-present Texas Council on Family Relations
 - 2022-2023 Conference Chair
 - 2020-2022 Treasurer
 - Policy Committee Chair
 - 2018-2020 Membership Chair
 - 2018-2023 Conference poster competition judge
 - 2018-2023 Conference presentation reviewer
 - 2017-2018 Board member at-large

COMMUNITY SERVICE

- 2018-2023 Court Appointed State Advocates (CASA) of Deep East Texas Board Member
 - 2023 Fundraising Chair
 - 2022 Fundraising Chair
 - 2019-2023 Vice President
- 2016-2021 New Hope Congregational Methodist Church
 - 2019-2021 Board of Stewards Member
 - 2018-2020 3rd-5th grade programs coordinator and teacher
 - 2016-2017 4th & 5th grade Wednesday night teacher
 - 2016-2019 Glory Gang Volunteer

ADVISORY BOARDS

- 2020-present Angelina College Child and Family Development Advisory Board

2018-present Nacogdoches ISD Career and Technical Education Advisory Board
2016-present GETCAP Head Start Advisory Board

Awards & Honors

2023 American Association of Family & Consumer Sciences Texas Affiliate – New Achiever Award
2022 College of Education Teaching Excellence Award
2021 Human Sciences Teaching Excellence Award
2020 American Association of Family & Consumer Sciences Leadership participant
2019 Human Sciences Teaching Excellence Award
2018 Willie Lee Glass Spirit Award
2018 Leadership SFA participant
2016 Best Conference Presentation Award TAIR 2016
2009 Texas A&M University Former Student Association Distinguished Graduate Student Award for Teaching
2009 Department of Communication Tiffany Hunnicut Distinguished Graduate Student Award, 2008/2009
2009 Howdy Camp Crew Namesake, 2009

Professional Certifications

Certified Family Life Educator
Stephen F. Austin State University Diversity & Inclusion Certificate

Professional Memberships

2023 Costume Society of America
2022-present American Association of Family & Consumer Sciences Texas
2018-present American Association of Family & Consumer Sciences
2016-present National Council on Family Relations
2016-present Texas Council on Family Relations
2016-present University Women’s Club
2014-present University Professional Women’s Club
2017-2018 Costume Society of America
2016-2018 National Communication Association
2016-2017 National Association for the Education of Young Children

Grants

2017 Association of Institutional Research AIR travel grant (\$1380.98)
2017 Stephen F. Austin State Service Learning Mini-Grant (\$263.96)
2008 Texas A&M Department of Communication research grant (\$1,000)